



HOTLINES

National Suicide Prevention Lifeline:

800-273-8255 Press 1 for Veterans

Gambling Addiction: 800-522-4700

Porn Addiction: 888-480-5593

Addictions Hotline: 844-276-2777

Domestic Violence: 800-799-7233

Child Abuse: 800-422-4453

Sexual Assault Hotline: 800-656-4673

Trevor Project (LGBT+): 866-488-7386

Eating Disorders Hotline: 800-931-2237

Elder Abuse: 800-252-8966

Parents Hotline: 855-427-2736

Public Safety & First Responders:

206-459-3020

Crisis Text Line: Text "START" to 741-741

Veterans Text Line: 838-255

Chat online at ImAlive.org, CrisisChat.org,
VeteransCrisisLine.net

www.AmericanMentalWellness.org



AMERICAN MENTAL
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