



Conference presented by the AMWA with assistance from Temple University Harrisburg



November 21 – 22, 2019

Radisson Hotel Harrisburg, Camp Hill PA

2019 CONFERENCE SCHEDULE

Thursday, November 21

- 7:30 Check-in/Registration
- 7:30-8:45 Breakfast
- 8:45-9:00 Welcome & Introductions
Sharon Engdahl, Executive Director, American Mental Wellness Association
- 9:00-10:00 **PLENARY 1:** Victims of Mass Violence: Why Psychological Trauma is a Public Health Issue
- 10:00-10:15 *BREAK*
- 10:15-11:45 **Workshop 1:** Youth Mental Health is Everyone’s Responsibility
Workshop 2: My So-called Manic Life | Human Maintenance
Workshop 3: This is My Brave Mini Documentary & Panel Discussion
- 11:45-12:30 **LUNCH**
- 12:30-2:00 **Keynote:** A Neuroscientist’s Perspective on Mental Health & Mental Illness
- 2:00-2:15 *BREAK*
- 2:15-3:45 **Workshop 4:** Resilience Building in Children – Align to Your VISION, Act on your PLAN, MEASURE your success
Workshop 5: It’s Never Too Early: How to Prevent, Recognize and Treat Alcohol & Drug Use in the Autism Community
Workshop 6: Holistic Ways in Working with Anxiety, Depression, PTSD, and Stress
- 3:45-4:00 *BREAK*
- 4:00-5:30 **Workshop 7:** Enhancing Outcomes in Systems of Care through Trauma Informed Practices- Providing Hope & Healing
Workshop 8: The Physiology of Stress and Mild TBI. How to Hack into the System to Control PTSD & TBI Symptoms
Workshop 9: Just Talk About It
- 6:00-8:00 **RECEPTION & PRESENTATION:** Heavy hors d’oeuvres & cash bar
6:30–7:30 Presentation by Nick Jaworksi, CEO of Social Circle, Inc: “You’re Thinking About Mental Health, Addiction, and Choices All Wrong”

Friday, November 22

- 7:30-8:30 Breakfast
- 8:30-10:00 **PLENARY 2:** Strategic, Early Stage Intervention: Identification and Intervention for Mental Health Crisis in Its Earliest Form
- 10:00-10:15 *BREAK*
- 10:15-11:45 **Workshop 10:** The Physiology of Stress and Mild TBI: How to Hack into the System to Control PTSD & TBI Symptoms *(repeat of workshop 8)*
Workshop 11: How to Get and Keep Insurance Funding for Mental Health Treatment for Children (ages 0-20) Until the Treatment is Completed Successfully
Workshop 12: It's Never Too Early: How to Prevent, Recognize and Treat Alcohol & Drug Use in the Autism Community *(repeat of workshop 5)*
- 11:45-12:30 **LUNCH**
- 12:30-2:00 **PLENARY 3:** "Beyond Beds": Using Crisis Services as Primary Diversion from Jails & Emergency Rooms "Crisis Now" - Transforming Crisis Services
- 2:00-2:15 *BREAK*
- 2:15-3:45 **Workshop 13:** From a Non-Compliant Patient to the Non-Compliant Parent | Stand Together: Promoting Early Intervention and Reducing Stigma in School Using a Student Driven Peer-to-Peer Model
Workshop 14: Fairweather Lodge: An Adept Model for 21st Century Challenges
Workshop 15: Resiliency through Vulnerability: Suicide Prevention Through Role-Modeling | It Takes a Village: A Campus Process of Mental Health Awareness & Suicide Prevention
- 3:45-4:00 *BREAK*
- 4:00-5:30 **PLENARY 4:** Learn more about the American Mental Wellness Association, MyBrain365 powered by the Roberto App, and view a special screening of the 2019 Award Winning Documentary "American Tragedy"